

Dr. Jason Raines Honors Children’s Dental Health Month Presenting Oral Health Tips for Early Childhood Class

Early this month, Dr. Raines went back to school to speak. But this time, he was the teacher and provided an interactive workshop on the importance of oral hygiene to youngsters for the 2nd year in a row. The presentation, which included sharing tips such as “brush for two minutes, two times a day” and how to properly floss, also touched on tooth-healthy foods and visiting the dentist regularly.

No lesson should ever be complete without something to take home. So, at the end of the program, the young attentive students each received a dental swag bag provided by Crest + Oral B with various items to keep them on the right track.

“You’re never too young to learn just how important it is to maintain a proper dental routine,” says Dr. Raines. “Starting good habits early, and instilling a regimen that will follow kids through life, is a great step towards preventing many of the most common dental and also general health conditions we can face as adults.”



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